

Wisdom from an Elder Shaman with Woo Du-An

You are invited to an experiential gathering led by Shaman, Teacher, and Healer, Woo Du-An, who lives in the Seven Castles by the Frying Pan River in Basalt, Colorado.

It's a time to simplify – to place our attention upon peace, and the love that rises from peace. It's a time for compassion and kindness. It's a time to be brave. It's a time to be OK when things are not OK. It's a time for radical self-care.

From Woo. *"My hope is to provide a time of sanctuary, where we are safe just as we are, just as it is. Time to have a moment of peace, and to catch our breath"*

There will be conversation, silence, meditations, and music and movement with live Native American flute and music by Woo.



Woo Du-An, also known as Rob Whitesides-Woo, has a background in theology, music composition, and various spiritual disciplines, including QiGong, T'ai Chi, and shamanic healing. Rob provides private sessions worldwide. More information at <https://sevenhawks.com/>

Thursday, September 25th

7 to 8:30 pm

**Round Room, Third Street Center
520 S. Third Street, Carbondale**

"In peace we remember who we are, and from peace, we can ask the questions that strike more closely to the heart, and we can become patient and quiet enough to become the answer." – Woo

All who attend the workshop will receive a free copy of Rob's book, "Allowing God - Insights to Inspire and Renew the Fire of Love at the Very Center of Your Soul."

Woo_Du-An_Sept_25_2025



**Fee for the workshop: \$20 or \$25 at the door.
Reserve your place by purchasing a ticket [HERE](#).**

For more information thecenterforhumanflourishing.org/events/
or e-mail info@tcfhf.org

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